

## Newsletter – Oct 2023

Well with another blink of the eye the summer is over and a very pleasant summer of swimming it was. As usual the aim of the Newsletter is to welcome new members to the Club and provide an update on the club.



We held 21 Tuesday night open water sessions at Budworth this season, during the period from April to September. My thanks must go to Kalliopi, Alison, Julie, Dave and Chris plus all others who helped out to make the sessions so successful. We had a total of 70 swimmers registered and attending the sessions overall. Our busiest Tuesday was on the 27th June, when we had 23 swimmers in the water. The maximum water temperature observed was 23°C. We had to miss two sessions, the first was due to a Royal visit to Budworth SC and so the lake was closed, and the second we cancelled due to a predicted thunderstorm.

Alison continued to encourage and discuss swimmers stroke with them. Together with our friendly approach we have gained a reputation with other open water swimming groups, whose members have swum at Budworth, as a great place to swim. A number of people from the Warrington Park Runners who came for a swim were encouraged to come by Chris Carter. We did have on one occasion, 3 generations in the water from one family, grandson, mum and grandparents. It was very apparent that swimming was in the family.

Speaking of Alison's encouragement, she encouraged swimmers to enter the Dee Mile swim. As a result, there were 10 Budworth swimmers taking part. All enjoyed their swims and some were looking for more events to take part. This includes Jess Burke, who regularly joined the Tuesday session. Clearly a very fast swimmer, she came 2<sup>nd</sup> in the Dee Mile and 2<sup>nd</sup> in the City of Liverpool Dock swim.

We continue to hold training sessions at Broomfields Leisure Centre (8pm to 9pm) on Monday nights. Numbers attending have been varied with a hard core of swimmers attending. We did have for a few months some junior members being trained by Alun Hough in one of the lanes. However, Alun



has taken a coach's post at a swimming club in Chester. We wish him success in his new post. In the last month the committee has made the decision to dedicate one lane to social swimmers. It is mainly aimed at the Budworth Tuesday night swimmers who can swim long distance, but at their own pace.

I am pleased to report that Chris Carter has had his hip replaced in early July. As you would predict, he was back in the water 6 weeks after the operation. Last week he was able to complete the full hour's training. Also during the summer, we were pleased to see Billy Dutton turn up for a training session. Billy has recently had a few health issues so to see him in the water with a float doing a length butterfly legs was remarkable. Yes, somewhat slower than when he was younger but still remarkable considering at 79.

Our ladies have entered a number of swims together this year. The first was at Cholmondeley, where they excelled. They then went to Bala swimming, then the Dee mile. Julie and Alison both also swam in the Thames at different swims.

On a slightly different subject the committee decided to acknowledge Alison's efforts particularly towards running Budworth on Tuesday nights, by awarding her the Aderson Trophy. The presentation was made at Budworth at the social gathering in July. Well done Alison.



#### *Notable swims*

- Members who made their first open water swims this season as a Dolphin was Anita Dodd.

#### *Forthcoming Events*

- Social Night - 9<sup>th</sup> December 2023 at the London Bridge. Details to follow.
- Annual 1500m late January – date to be confirmed
- AGM – Tuesday 30<sup>th</sup> January 2023, 7pm The Stag Inn, Walton
- Budworth Championship – We are awaiting a date from Budworth SC

See you all soon.

**Andy Wright**  
**President**